

STICKS-2-SCHOOLS

WWW.STICKS2SCHOOLS.ORG

REGAN OLSON, PROGRAM COORDINATOR



Helping Kids Get Fit.

Help Your School Fight Childhood Obesity



What does S2S cost the school? Nothing. These programs are provided through the generous donations of our sponsor partners.



“The kids were so excited to have a professional athlete in the school,” said Physical Education teacher Julie Scott. “They are so excited to get into lacrosse.”

What is Sticks-2-Schools?

S2S is a non-profit, public benefit, organization (501(3)c) that helps fight childhood obesity by motivating youth to increase their level of physical activity.

NATIONAL STANDARDS FOR PHYSICAL EDUCATION S2S TOUCHES:

- ◆ Demonstrates competency in motor skills and movement patterns.
- ◆ Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.
- ◆ Participates regularly in physical activity.
- ◆ Achieves and maintains a health-enhancing level of physical fitness.
- ◆ Exhibits responsible personal and social behavior that respects self and others in physical activity settings.
- ◆ Values physical activity for health, enjoyment, challenge, self-expression, and/or interaction.

Program Details

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S2S offers a variety of programs for schools:

- Demonstration– The S2S program will send a Professional Lacrosse player to visit a school and do a lacrosse demonstration to a class or group of classes
- Full Program– The S2S program will provide:
 - 40 Sticks
 - 40 Soft Lacrosse Balls
 - Curriculum guides for 6 week coed soft lacrosse program (suitable for integration into PE rotation at most schools)
 - A visit from a professional lacrosse player to assist the teacher in doing the first instruction to a class or group of classes
- End of the school year follow-up visit

Sticks-2-Schools serves schools within the Greater Seattle Area, a 50 mile radius from Everett, Wa.

To find out how to get your school enrolled in this great opportunity, contact Chris O’Dougherty at od@citysidelax.com or (201) 757-4963

